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Resorts West's "Mountain Zen Package" Inspires and Pampers with Wellness Adventures, Spa Treatments, Organic Fare and Fine Wine

Step outside the spa to experience fresh mountain air, alpine cuisine and yoga in a hot spring

Park City, Utah – February 2014 – Resorts West invites gourmands, yogis and ski enthusiasts to enjoy an indulgent mountain getaway featuring wine classes, a private chef, spa treatments and luxurious accommodations. The four-day, three-night **Mountain Zen Package** begins with a touch of adventure to work up an appetite as guests enjoy a scenic snowshoe tour followed by a 60-minute paddleboard yoga session in a 10,000-year-old natural hot spring. Set in an enclosed crater with a natural skylight, the hot spring is filled with soothing minerals, including magnesium and sulfur. The yoga session, available through Park City Yoga Adventures, is designed for all abilities. To unwind before dinner, guests enjoy a 60-minute massage or fireside facial in the comfort of their luxury 4-bedroom condo.

Dinner is served in-home by veteran chef Joseph Saladyga, who will prepare a four-course meal of organic, locally-inspired dishes. A flight of three wines, expertly chosen to complement the meal, accompanies dinner after a 30-minute wine pairing class led by a certified sommelier from the Fox School of Wine.

The **Mountain Zen** package also includes a day of skiing at Park City Mountain Resort and a day of winter horseback riding. All guests receive daily housekeeping, complimentary car service and a private concierge. All accommodations feature a private hot tub, private baths in each bedroom suite, a gourmet kitchen, modern appliances and relaxing outdoor decks or balconies.

Package Summary:

- Five nights at a 4-bedroom luxury condo or private home with private hot tub.
- A 60-minute massage or fireside facial for four guests
- Snowshoe and crater yoga adventure for four guests
- Lift ticket for four guests to Park City Mountain Resort
- An evening of organic, locally-inspired gourmet fare for four guests prepared by Chef Joseph Saladyga of Savoury Kitchen
- Professional wine pairing by Fox School of Wine. (Wine pairing includes three custom bottles, tasting notes and a half-hour private class.)

This package starts at \$1,650 per person plus taxes and fees based on four guests. Starting-at rate is based on four people and includes all gratuities. Rates vary based on accommodations; additional spa treatments, activities and lift tickets available at extra cost. Activities are based on availability, and advanced reservations are strongly recommended. More information is available at **1-877-773-1117**.

About Resorts West

Since 1999, Resorts West has led the luxury accommodations niche at each of Park City's three world-class ski resorts, setting the standard of excellence with unparalleled service and luxury properties. Resorts West's vacation rental properties range from 2-bedroom slope-side condos to 8-bedroom private villas, each offering private concierge service and housekeeping. Resorts West also exclusively manages the Ski Dream Home at Deer Valley Resort. For more information about Resorts West, please visit www.resortswest.com

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